

A guide to cyclizine

Cyclizine is used to prevent and treat nausea and vomiting.

Brand Name:

Valoid®

How to take cyclizine

Cyclizine is usually taken every 4 to 6 hours, up to 4 times a day.

It can be taken about half an hour before food to help to prevent nausea and vomiting.

If you forget to take your dose take the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular schedule. Do not take a double dose.

Common side effects

- Drowsiness
- A dry mouth, nose or throat
- A skin rash or itching

With other medicines

Some medicines, such as sedatives and anti-depressants, or alcohol may cause more sedation when given with cyclizine. Ask your health professional for advice.

Cyclizine and driving

Cyclizine may impair your ability to drive. Generally, avoid driving when starting cyclizine, and when increasing the dose. Check with your health professional if you are unsure.

The information provided in this leaflet is a guide only and it is important to ask your health professional if you have questions or concerns about the use of cyclizine.

*Developing the role of a pharmacist in community palliative care multidisciplinary teams project.
This project is an initiative of the Victorian Department of Health and is funded by the Australian Government, Department of Health and Ageing, under the National Palliative Care Program.*