

A guide to pregabalin

Pregabalin is used to treat pain that occurs as a result of damage to or from a disturbance in the function of nerves (called neuropathic pain).

Brand name:

Lyrica®

How to take pregabalin

- Most people start taking 75mg of pregabalin twice daily. The dose will then increase gradually over 7 days, depending on your response.
- If you miss a dose or forget to take your medicine, take it as soon as you can. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose.
- Do not stop taking pregabalin suddenly as it may cause insomnia, headache, nausea and diarrhoea. Your doctor will gradually reduce the dose over at least a week

Common side effects

- Dizziness
- Drowsiness
- Blurred vision
- Fatigue
- Increased weight
- Dry mouth

With other medicines

Pregabalin is safe to take with other medicines, but may increase the effects of alcohol.

Pregabalin is often used with other medicines for pain, such as morphine.

Pregabalin and driving

Pregabalin may impair your ability to drive. Generally, avoid driving when starting pregabalin, and when increasing the dose. Check with your health professional if you are unsure.

The information provided in this leaflet is a guide only and it is important to ask your health professional if you have any questions or concerns about the use of pregabalin.

Developing the role of a pharmacist in community palliative care multidisciplinary teams project.

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